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Scientists and Professionals Lash Out Against Water Fluoridation

by Adam Miller

(NewsTarget Citizen Journalism Report) In a [statement](#) released early August by the [Fluoride Action Network](#), over 600 doctors, scientists, and other experts have donated their signatures to call for an end to the controversial practice of water fluoridation.

In an extensive examination of the available literature, FAN has compounded a list of suspected symptoms of fluoridation in the human population including an increase in the risk of bone fractures, decreased thyroid function, lowered IQ, arthritic-like conditions, dental fluorosis, and osteosarcoma. The PPM levels of fluoride present in the U.S. water supply are, according to the report, adequate to facilitate many of these symptoms in certain groups including children, diabetics, above-average water drinkers, and those with poor kidney function, among others.

"Fluoridation is against all principles of modern pharmacology," argues Dr. Arvid Carlsson, the winner of the 2000 Nobel Prize for Medicine and co-signer on the report, "...it's really obsolete."

The statement went on to cite a policy change by the American Dental Association, a pro-fluoridation group, recommending that only non-fluoridated water be used in preparing infant formula. The authors reason that the expense this presents to low-income mothers alone is worth banning the practice over.

Further, it is well known that fluoride works in a topical sense, not a systemic one. What this means is that any benefit against tooth decay by fluoride is derived from direct application to the teeth, not by ingesting the substance into the body where it has potentially toxic biological effects. Even the very efficacy of fluoride in preventing tooth decay is called into question in this report, as large studies have shown little difference in the prevalence of tooth decay between fluoridated and un-fluoridated areas.

The report goes on to recount CDC evidence that dental fluorosis, a condition characterized by a discoloration of tooth enamel caused by fluoride over-exposure, affects one third of American children.

More distressingly, the authors link fluoridation with bone cancer, citing a Harvard study, and add that the industrial-grade fluoride added to the water supply has never been subjected to toxicological testing or FDA review for safety in human ingestion.

The U.S. Centers for Disease Control and Prevention has denied the link between fluoride and bone cancer, and does not consider fluoridation to be a public health threat. According to a [statement](#) issued on this subject, the "CDC continues to strongly support community water fluoridation as a safe and effective public health measure to prevent and control tooth decay and to improve overall health."

About the author

Adam Miller, known to those around him as "The Wellness Connoisseur", is a student of life who has dedicated literally thousands of hours of personal research on top of formal institutional training in dietetics to learn the secrets of achieving vibrant health and happiness. He is the founder of The Shangri-LIFE! Project (website pending), an entity created solely to build an avenue for information and opportunity to reach consumers who wish to create a healthier, happier life for themselves and those around them in the 21st Century. Adam is currently organizing a massive group buying project which will allow Advanced Consumers to purchase healing foods such as medicinal mushrooms and herbs, dried organic fruits and vegetables, nutrient-dense ancient grains, phytochemical-packed superfoods, and the world's most advanced supplements in bulk at true wholesale prices. With our buying power combined, we can all afford to transform life into Shangri-LIFE! Please email to register your interest in our group buying project.